

PRE OPERATIVE AND POST OPERATIVE INSTRUCTIONS

BEFORE YOUR SURGERY:

You will be given specific instructions by Dr. Schwartz on what drops you will be using before and after your surgery. Usually you will be asked to discontinue any blood thinners and Aspirin 5-7 days prior to surgery (Your Primary care physician will be notified and he will modify your dosages if needed) Premier Surgery Center requires that you do your pre-admission forms on line. Instructions can be found in your Premier brochure.

Their website is found at : **www.sarasotasc.com**.

****VERY IMPORTANT****

****IF, AT ANY TIME IN THE PAST, YOU HAVE BEEN DIAGNOSED WITH
MRSA (Methicillin-resistant Staphylococcus Aureus)
ANYWHERE ON YOUR BODY, PLEASE LET US KNOW IMMEDIATELY-WE WILL NEED A SPECIAL
TYPE OF SURGICAL CLEARANCE FOR YOU.**

**PLEASE REMEMBER YOU MUST NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT
THE NIGHT BEFORE SURGERY!!**

AFTER YOUR SURGERY:

You will have drops to use after surgery, it is **very important** to follow the instructions you are given. You can use preservative free tears for comfort between your other drops. (Please wait 3-5 minutes between drops if you have more than one to use) The operated eye may be blurry and slightly scratchy or uncomfortable when you get home, this is normal BUT-

**REPORT ANY PAIN, SWELLING, BLOODY DISCHARGE, LOSS OF VISION,
NAUSEA OR VOMITING TO OUR OFFICE IMMEDIATELY BY CALLING 957-4216**

**Resume all your oral medications unless otherwise instructed by your physician. You may take Tylenol or Advil for minor discomfort also.

**Keep the operated eye clean and dry at all times. Avoid inadvertently splashing into the eye while bathing or showering until otherwise instructed. You may have your hair professionally done if you wish.

**Matter around the eye may be removed with a soft, clean cloth or tissue -

BUT DO NOT RUB OR PUSH ON THE EYE

**Check your vision daily by covering the opposite eye. It may be blurry at first but should get better each day.

**The eye should be protected from injury. After surgery a protective shield should be worn while sleeping for the first several days. Glasses should be worn during the day if you have them.

**Consult with Dr. Schwartz before resuming any sports or rigorous activity. Avoid heavy lifting, bending, swimming with your face submerged or aerobic exercise until released to do so.